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Lindsay Newton, PA-C
Amber Sawyers, PA-C, ATC

Double Medrol Dose Pack Instructions

You will be given 2 Medrol dose packs at the pharmacy. Tablets may be taken all at once or as instructed on the pack. Instructions on how to take it:

Day 1	Take 6 tablets out of first pack.
Day 2	Take 6 tablets out of second pack.
Day 3	Take 5 tablets out of first pack.
Day 4	Take 5 tablets out of second pack.
Day 5	Take 4 tablets out of first pack.
Day 6	Take 4 tablets out of second pack.
Day 7	Take 3 tablets out of first pack.
Day 8	Take 3 tablets out of second pack.
Day 9	Take 2 tablets out of first pack.
Day 10	Take 2 tablets out of second pack.
Day 11	Take 1 tablet out of first pack.
Day 12	Take 1 tablet out of second pack.



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