

## Patient CPM Info

### Facts:

- Weight of Machine = 33.4 lbs.
- Insurance allows patients to rent the CPM machine for a max of 21 days from date of surgery
- Salina Ortho will deliver machine to Salina Surgical Hospital the day of your surgery
- Prior to dismissal from Salina Surgical Hospital, someone from Salina Ortho will come visit with you to get signatures on paperwork and answer any questions
- You may return CPM to Salina Ortho office at 2-week post-op appointment
- You may return CPM to outreach clinics if that is the location of their 2-week post-op appointment
- All returns and exchanges will need to be done by you at Salina Ortho office. No in-home service is available for CPM – only over the phone troubleshooting

### Recommendations:

- Leave machine in one place – preferably a flat surface
- Leave CPM power cord plugged in to wall at all times
- Leave Tablet charger plugged in to machine at all times
- Turn CPM machine on first and then turn Tablet on when ready to use

### Physician Instructions for using CPM:

Goals = -5 - 90 degrees upon leaving Surgical Hospital

Slowly increase degrees by 5-10 as tolerated

-5-120 degrees by 2-week follow up appointment w/ physician

Please use CPM approximately 4 hours per day

**\*\*Above instructions are a guideline. If given different instructions by your physician please follow those. \*\***

